

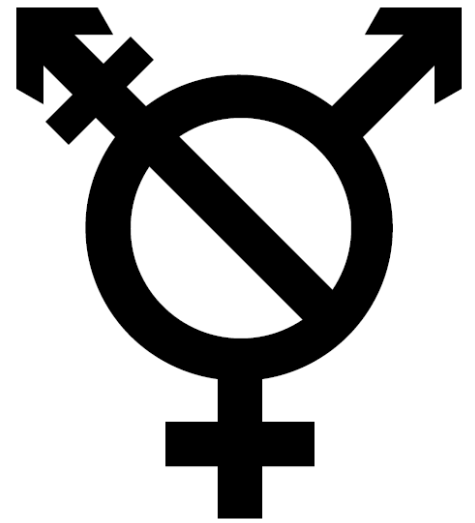


S.A.F.E. Z O N E

SUPPORTING - AFFIRMING - FACILITATING - EMPOWERING

Group Objectives:

- Processing through changes
- Providing support and guidance from others in a similar situation
- Coping with discrimination, rejection, and stigma
- Creating a space of inclusion and normalization
 - Engaging with an accepting community
 - Working through the coming out process
 - Help with workplace or school challenges
 - Discuss mental health issues



This group is designed to target teens and young adults who are struggling with understanding their sexuality or gender identity. Through an open support group setting, S.A.F.E. Zone works with group members to better understand what their sexuality means to them. This group will provide a space for members to learn from the experiences of others as well as assist others in their exploration.

Call (703) 497-1771 to Register!

12721 Darby Brooke Court, Suite 102
Woodbridge, VA 22193

*Starting 3/20/18, Meeting every
other Tuesday at 6pm.*



WOODBIDGE
T H E R A P Y G R O U P